

*"The outer message of the United Nations is peace.  
The inner message of the United Nations is love.  
The inmost message of the United Nations is oneness."*

- Sri Chinmoy

#### **SEVEN MINUTES OF WORLD PEACE - A SIMULTANEOUS GLOBAL OBSERVANCE**

On United Nations Day, Thursday, 24 October 1991, individuals, groups and organizations around the world will simultaneously join in seven minutes of silent prayer or meditation to share the spirit of peace on earth. This observance, initiated in 1984, is called SEVEN MINUTES OF WORLD PEACE. Around the globe, local observances will be held at times corresponding to 1.00 - 1.07 p.m. Eastern Daylight time at United Nations Headquarters in New York (17.00 - 17.07 Greenwich Mean Time).

#### **HOW TO PARTICIPATE**

By individually or collectively observing silence to pray or meditate for peace during the local time in your time zone which corresponds to 17.00 - 17.07 Greenwich Mean Time on Thursday, 24 October 1991 - United Nations Day. Those who wish to organize a group observance may do so by informing members of their organization, their community or the public of the local time and place of the observance. The text of this announcement may be used, either in part or in its entirety, to create information circulars or articles publicizing the local Seven Minutes observance;

By notifying us of your participation immediately after the observance so that we may know the total number of participants, both individual and group (submitted by the group organizer). Please write to: SEVEN MINUTES OF WORLD PEACE, 86-24 PARSONS BOULEVARD, JAMAICA, NEW YORK 11432, USA. You are also invited to write a letter and/or send photos, posters, programmes or news articles. Inspiring and interesting news or stories submitted will provide the basis for a brochure to spread the word about next year's observance of SEVEN MINUTES OF WORLD PEACE.

#### **ITS PURPOSE**

SEVEN MINUTES OF WORLD PEACE seeks to focus the world's attention on the urgent need for peace in the international and inter-religious spirit of the United Nations. The observance offers people of every country and belief an opportunity to transcend their individual and national identities and join all humanity, even if for just a short time, in the spirit of peace as part of the human family. SEVEN MINUTES OF WORLD PEACE has no political affiliation or purpose other than to work toward and strengthen the universal human aspiration for harmony, peace and oneness among nations and peoples.

#### **THE SPONSOR**

SEVEN MINUTES OF WORLD PEACE was initiated by Sri Chinmoy: The Peace Meditation at the United Nations in co-operation with United Nations Associations in many countries and a wide range of educational, religious and peace organizations around the world. The Peace Meditation at the United Nations is an association of United Nations delegates, staff and others accredited to the United Nations, who believe that inner peace serves as the foundation for outer peace, and who actively work to pursue this goal through the United Nations. Toward this end, the Peace Meditation group has been holding twice-weekly meditations and a wide array of programmes and events at the United Nations since 1970 under the leadership of meditation teacher Sri Chinmoy.

#### **PAST OBSERVANCES**

SEVEN MINUTES OF WORLD PEACE was inaugurated in 1984 with the participation of groups in some 40 countries. The observance has since continued to spread, and can now be said to have a life of its own. Ceremonies and observances have been held around the world, and messages of support have been received from heads of State of several countries, as well as mayors, governors and members of Congress in the United States. One of the most inspiring examples of participation was organized by the United Nations Association of Sri Lanka, where over 70,000 people joined the Seven Minutes observance in 1986, and millions in subsequent years. In the U.S.A., congressional staff, public and private schools, libraries and local chapters of Peace Links and Church Women United, as well as Unitarian and Catholic Churches, have documented their participation.