UNITED NATIONS MEDITATION GROUP



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Sri Chinmoy's

lectures delivered at the

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Cover photo:

Sri Chinmoy, Spiritual Director of the United Nations Meditation Group, meeting Secretary-General U Thant, February 29, 1972.

(Photo by Agni - Mr. Jose Casanova)

DEDICATED

TO THE

SECRETARY-GENERAL,

U THANT

A Garland of Nation Souls ...

A garland is the embodiment of God's

Smile and man's achievement. God's

Smile is supremely expansive and man's

divine achievement is eternally impressive.

Now where is the garland of nation souls? It is precisely here, inside the Boat of the United Nations.

Who deserves to be garlanded?
Undoubtedly the seeker-Pilot U Thant.
This able, genuine and divine Pilot of ours is blessed with a far-reaching, growing vision and a wide, expanding energising Reality.

Our Secretary-General, U Thant,
the supreme Pilot of the United Nations'
Boat is piloting a countless number of
the human family with his wisdom-light
to the shores of dream-fulfilled Reality.
Inside the heart of the learning humanity,
his wisdom-tree is growing slowly,
steadily, significantly and triumphantly.

The Garland of Nation Souls ...

It is not in vain or without any purpose that the United Nations has come into existence. God's Vision has to be manifested here on earth. Now the elite mankind, the suffering mankind, the sacrificing mankind, need a place for their fulfilment. Here in the United Nations we see the message of that fulfilment in a particular manner.

. . .

Consciously, unconsciously, the world is receiving the Light of the United Nations. When it is a matter of recognition, it may not be fully recognized.

It is deplorable that it is not recognized.

Each nation wants to be united with
the rest of the nations. United Nations
means the usefulness of the united notions,
united thoughts, united feelings and the
expansion of oneness, where unity can
be fulfilled through manifested multiplicity. This is what we see and feel
in the heart of the United Nations.

Each nation has a soul of its own.

The soul is at once God's illumining
activity and the nation's fulfilling capacity.

Each nation is the involution of its highest light and the evolution of its immost power.

When a nation's outer life listens
to the inner dictates of its soul, its
earthly desires decrease, its heavenly
aspirations increase; its human wants
are lessened, its divine needs are
heightened; it envisions the Truth
Transcendental and grows into God's
Pride Supreme.

The nation that soulfully cries for inner development and devotedly cries for the outer growth can alone be in the vanguard of the teeming nations...

Why does a nation fail?

A nation fails because it does not want the sustaining truth to be on its side.

When does a nation fall?

A nation falls when it deliberately and vehemently resists the idea of being on the side of truth.

How can a nation succeed?

A nation can succeed by pursuing the practices of following the truth within and without. The very pursuit of truth can make the existence of a nation free, meaningful, purposeful and fruitful.

How can a nation flourish?

A nation can flourish when it sees
no difference between the Creator and
the creation; when it loves the world,
not for what the world will give in return,
but when it loves the world for the sake
of love.

The Banner of Truth, the Banner of
Light, will be carried from here by the
Light that the United Nations embodies.
The length and breadth of the world will
not only treasure and cherish the soul
of the United Nations, but with enormous
pride it will claim the soul of the United
Nations as its very own, all-loving, allnourishing and all-fulfilling.

... Aspiring

for Universal Oneness ...

Western dynamism and Eastern spirituality are two wings of God, the Eternal Bird, that will carry the message of earth's aspiration to the highest abode of the Supreme, and will bring down the message of infinite Compassion from the highest abode of the Supreme to the aching, crying consciousness of Mother Earth.

When Western dynamism and Eastern spirituality become inseparably one, God will be known as a fulfilled Man, and man will be known as a perfect God.

Dynamism is life's capacity.

Spirituality is the soul's necessity.

The aura of outer success surrounds a dynamic man.

The aura of inner progress surrounds a spiritual man.

Dynamism serves God.

Spirituality loves God.

The blessed aspirants who cry for the transcendental Truth, Peace, and Bliss are undoubtedly the chosen few.

. . .

Theirs is the task sublime to realise God's universal and transcendental Consciousness.

Theirs is the bounden duty to reveal God and fulfil God on earth.

The ascending aspiration of the fully awakened souls and the descending blessing-Light of God can eventually transform the face of the entire globe.

In the life of aspiration we come to realise that love is truth embodied and that truth is love revealed.

God's Love for man is man's aspiration.

God's Compassion for man is man's salvation.

God's Concern for man is man's perfection.

Divinity employs the soul, asks the soul to be the boatman that will ply between the shores of the finite and the Infinite.

Humanity employs the soul to be the boat so that it can carry the load, the burden of humanity to the world beyond.

If we want to grow into God's Light, if we want to grow into the Light of the Beyond, the ever-transcending Beyond, then every day, every second, we must make ourselves feel that we are an ever-dedicated heart, and that we are an ever-surrendering, ever-fulfilling and manifesting chosen Instrument and Torch-bearer of the Supreme.

Dedication is delight, the delight of the heart. When we dedicate ourselves to something, to someone, our very dedication expands our consciousness and our oneness with something real, fulfilling.

Each time we dedicate something
of ours, we expand our love for God,
our love for mankind, and our very
reality, our earth-bound reality, is
transformed into a heavenward journey.

Acceptance of life is the divine pride of true spirituality.

To live a spiritual life is our only responsibility.

Acceptance of life divine is the transcendence of human ego.

The transcendence of ego is man's real dignity and true worth.

The spiritual life is never an escape from reality. On the contrary, the spiritual life is the conscious and spontaneous acceptance of reality in its totality.

The idea of an escape from reality,
for a spiritual seeker is absurdity plus
impossibility, for spirituality and reality
need each other to be supremely fulfilled.

In the material world, man needs
material wealth. He needs material
wealth to enjoy earthly life. Meditation
man needs to live a heavenly and fulfilling
life.

. . .

He who meditates consciously dedicates his life to God. He who dedicates his life to mankind devotedly and soulfully, meditates on the real God.

What is meditation?

Meditation is man's constant awareness and conscious acceptance of God.

Meditation is God's unconditional offering to man.

Meditation is the connecting link
between our role in the cosmic play,
the divine Lila, and our goal, ultimate
Goal, in God's ever-evolving universe.

Man's role is his conscious selfsurrender to the Will of the Absolute Supreme. This is his only role.

Man's goal, the Goal of goals, is in constant self-surrender. Self surrender to whom? To the absolute Will of the Supreme. Meditation is self-transcendence.

Self-transcendence is the message of the Beyond.

The message of the Beyond is God the All, God the eternally fulfilling Goal.

God's Power of Love has three gifts to offer: aspiration, liberation and perfection.

Man's power of love also has three gifts to offer: possession, frustration and destruction.

Human justice is fairness.

Human justice is a threatening force.

Human justice is a binding law.

Divine Justice is Love.

Divine Justice is self-giving Concern.

Divine Justice is fulfilling, fruitful

Compassion.

War and peace...

Man invents war.

Man discovers peace.

Man invents war from without and discovers peace within.

The smile of war is the flood of human blood.

And the smile of peace is love, Love divine, below, above. The animal in man wants war,
war to devour the sleeping, snoring
world.

The divine in man needs peace, peace to feed the hungry world.

The outer peace and the inner peace.

The outer peace is man's compromise.

The inner peace is man's fulfilment.

The outer peace is man's satisfaction without being satisfied at all.

The inner peace is man's satisfaction in being totally and supremely fulfilled.

If a person wants to have peace, real peace, then he has to realise that not by possessing the world, not by governing the world, will he have peace.

But it is by offering to the world at large what he has and what he is, consciously and unreservedly, that he will have peace.

Peace, world peace, begins when
the so-called human expectation ends.
Expectation in a human way has to come
to an end if world peace is to be achieved.
World peace can dawn only when each
individual realises the supreme Truth:

"Love is the revelation of life, and Life is the manifestation of Love." Peace is the beginning of love.

Peace is the completion of truth.

Peace is the return to the Source.

O Lord, where is the Truth?
"Where your Beloved is."
Who is my Beloved, who?
"In Whom your life is peace."



UNITED NATIONS MEDITATION GROUP



We Believe ...

of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.

- Sri Chinmoy