

SRI CHINMOY: THE PEACE MEDITATION AT THE UNITED NATIONS

The following selection is excerpted from “A Real Member of the United Nations” [1989], included in My Meditation-Service at the United Nations for 25 years, by Sri Chinmoy (1995).

A real member of the United Nations is he who has surmounted the doubt-hurdle and now is climbing safely and proudly while flying the victory-banner of universal faith.

A real member of the United Nations every morning without fail wears the armour of patience-light.

A real member of the United Nations is always most sincerely desperate for a moment’s peace among the comity of nations.

A real member of the United Nations does not believe in a permanent life of thorny uncertainties. He believes in his and others’ ever-blossoming and everlasting heart-roses and their world-pleasing fragrance.

A real member of the United Nations is he who in his silent meditation and in his dedication-life offers his soulful obedience-heart and his cheerful willingness-mind to the Inner Pilot of the United Nations.

– p. 142

At the invitation of Secretary-General U Thant in the spring of 1970, Sri Chinmoy (1931-2007) began conducting twice-weekly non-denominational meditations for peace for United Nations staff members, delegates, NGO representatives and affiliates. The Peace Meditation at the United Nations also offered programmes, concerts and lectures to promote world harmony, and Sri Chinmoy answered many questions about the spiritual role of the United Nations. For information about ongoing activities of the Peace Meditation at the United Nations: (718) 291-0364.