

SRI CHINMOY: THE PEACE MEDITATION AT THE UNITED NATIONS

The following selection is excerpted from “A Real Member of the United Nations” [1989], included in My Meditation-Service at the United Nations for 25 years, by Sri Chinmoy (1995).

A real member of the United Nations is he whose mind-pocket will never be empty of a global understanding and whose heart-pocket will never be empty of a universal concern.

A real member of the United Nations is he who claims the United Nations as his own, very own, for he knows that unless and until he does so, he will not be richly inspired to change its face and fate lovingly and surprisingly for the better.

A real member of the United Nations is he whose heart and mind at once respond to his inner and outer world-concern-duties.

A real member of the United Nations is he who is no longer a prisoner of selfishness-demands.

A real member of the United Nations knows that if he dreams only of what will benefit his own country and neglects or ignores the needs of other countries, then his self-chosen limits will eventually disappoint him, for a happy oneness-world will remain a far cry.

A real member of the United Nations does not wait for other countries to accept his country; he goes forward carrying his own country’s life-breath to meet and accept them and thus create a new world harmony.

– pp. 140-141

At the invitation of Secretary-General U Thant in the spring of 1970, Sri Chinmoy (1931-2007) began conducting twice-weekly non-denominational meditations for peace for United Nations staff members, delegates, NGO representatives and affiliates. The Peace Meditation at the United Nations also offered programmes, concerts and lectures to promote world harmony, and Sri Chinmoy answered many questions about the spiritual role of the United Nations. For information about ongoing activities of the Peace Meditation at the United Nations: (718) 291-0364.