

**SRI CHINMOY:
THE PEACE MEDITATION
AT THE UNITED NATIONS**

The following selection is excerpted from “A Real Member of the United Nations” [1989], included in My Meditation-Service at the United Nations for 25 years, by Sri Chinmoy (1995).

A real member of the United Nations is his country’s powerful choice.

A real member of the United Nations is the world’s fruitful voice.

A real member of the United Nations is earth’s ascending aspiration-cry.

A real member of the United Nations is Heaven’s descending Satisfaction-Smile.

A real member of the United Nations asks his division-mind to be quiet.

A real member of the United Nations tells his oneness-heart to voice forth.

A real member of the United Nations must needs dare to dream of the precious progress of the entire world.

– pp. 139-140

At the invitation of Secretary-General U Thant in the spring of 1970, Sri Chinmoy (1931-2007) began conducting twice-weekly non-denominational meditations for peace for United Nations staff members, delegates, NGO representatives and affiliates. The Peace Meditation at the United Nations also offered programmes, concerts and lectures to promote world harmony, and Sri Chinmoy answered many questions about the spiritual role of the United Nations. For information about ongoing activities of the Peace Meditation at the United Nations: (718) 291-0364.