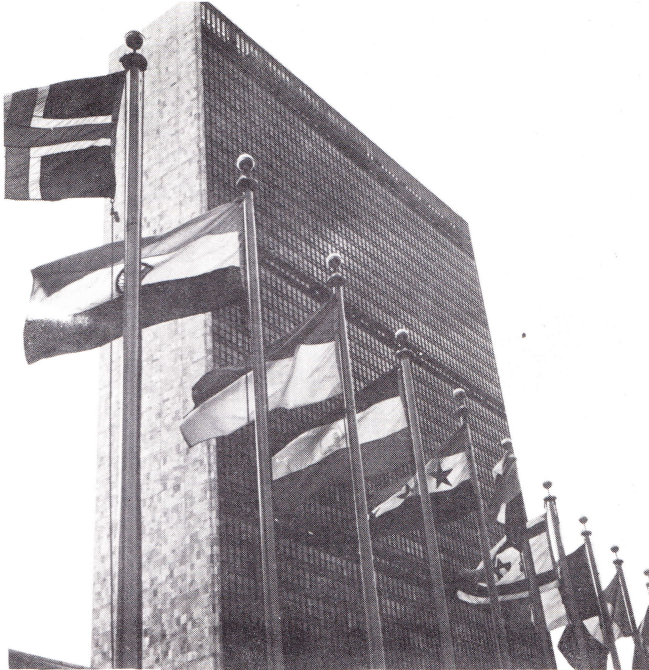


# MEDITATION



United Nations:



the Heart-Home  
of the World-Body

a look at

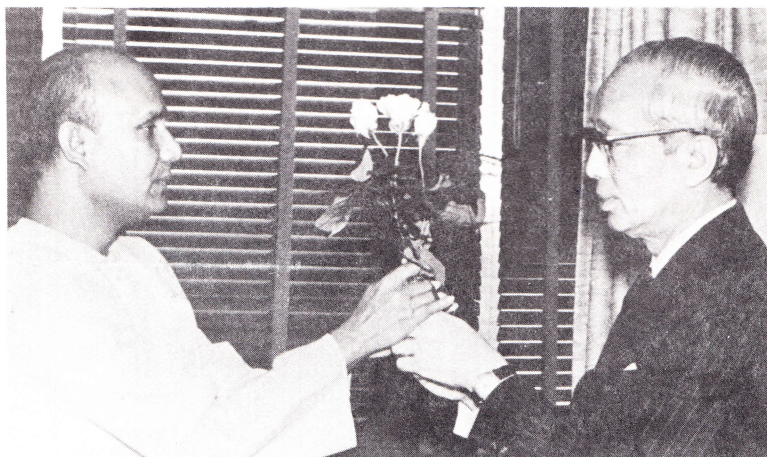
**SRI CHINMOY MEDITATION  
AT THE UNITED NATIONS**

“The outer message of the United Nations is Peace. The inner message of the United Nations is Love. The inmost message of the United Nations is Oneness. Peace we feel. Love we become. Oneness we manifest.”

Sri Chinmoy Meditation at the United Nations is an association of U.N. delegates, staff, NGO representatives and accredited press correspondents who believe that inner reflection and meditation can bring us in touch with the founding spirit of the United Nations and inspire renewed dedication to its ideals. Our twice-weekly meditation sessions, coupled with our special programmes at U.N. Headquarters in New York and Geneva, provide an atmosphere of inner tranquility which helps members bring to the fore their own inner resources.

In operation since 1970, the Meditation Group has had since its inception the kind guidance of Sri Chinmoy, internationally renowned philosopher, meditation teacher, artist, musician and author of over 450 books on meditation and related subjects. In 1979 the U.N.'s host, New York, commended Sri Chinmoy's 15 years of service as a state resident, with a resolution and letters of appreciation from Governor Carey, Senator Moynihan and senate and house representatives. In 1981 Sri Chinmoy was honoured by the host country of U.N. Headquarters when several U.S. Congressmen read their appreciation of his work into the Congressional Record. He has also received Panama's highest decoration, Grand Cross of the Order of Balboa, for his efforts toward world peace.

Since 1973 the Meditation Group has published a monthly bulletin, with information on meditation and the Group's activities. Both Secretary-General Kurt Waldheim and the late U Thant have warmly recognised the Group for its dedicated work.



U Thant and Sri Chinmoy.



The Meditation Group each year sponsors a variety of symposia in which members of the U.N. community exchange views on spiritual aspects of the quest for world peace. *Left*, Ambassador Rossides of Cyprus addresses a symposium on United Nations Day. *Right*, Ambassador Illueca of Panama is guest speaker at a Meditation Group programme commemorating the anniversary of the signing of the U.N. Charter.



The Meditation Group holds various programmes centered around great ideas which have moulded human civilisation. Here Mrs. Martin Luther King, Jr., wife of the slain U.S. civil rights leader, joins in a moment of silence before offering some personal insights into her late husband's vision of civil rights and world brotherhood.



Religious leaders from the world's major faiths meet under the auspices of the Meditation Group in a commemoration of World Prayer Day.



A children's choir performs during a special concert for the International Year of the Child.

*“ . . . we are not faced with many separate problems, but with different aspects of a single over-all problem: the survival and prosperity of all men and women and their harmonious development, physical as well as spiritual, in peace with each other and with nature. This is the solution we must seek. It is within our power to find it.”*

— Kurt Waldheim

*“I have certain priorities in regards to virtues and human values . . . I would attach greater importance to moral qualities or moral virtues over intellectual qualities or intellectual virtues—moral qualities, like love, compassion, understanding, tolerance, the philosophy of live and let live, the ability to understand the other man’s point of view, which is the key to all great religions . . . And above all, I would attach the greatest importance to spiritual values, spiritual qualities.”* —U Thant

*“Before Thee in humility, with Thee in faith, in Thee in peace.”*

—Dag Hammarskjöld

*“The one common undertaking and universal instrument of the great majority of the human race is the United Nations. A patient, constructive, long-term use of its potentialities can bring a real and secure peace to the world.”* —Trygve Lie



## SRI CHINMOY MEDITATION AT THE UNITED NATIONS

WE BELIEVE and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.



### FREE COURSES INTRODUCTION TO MEDITATION

The Meditation Group offers free three-week courses at the United Nations which include the demonstration and practice of practical meditation techniques. The sessions are conducted by members who have taught similar courses at colleges and universities.

For information, please call: 754-7938

or write:

Sri Chinmoy Meditation at the United Nations

GPO 20 — Room 1837

United Nations, New York 10163

*This information is presented as a service and does not necessarily represent the official views of the United Nations or its Agencies.*

Cover photo: United Nations