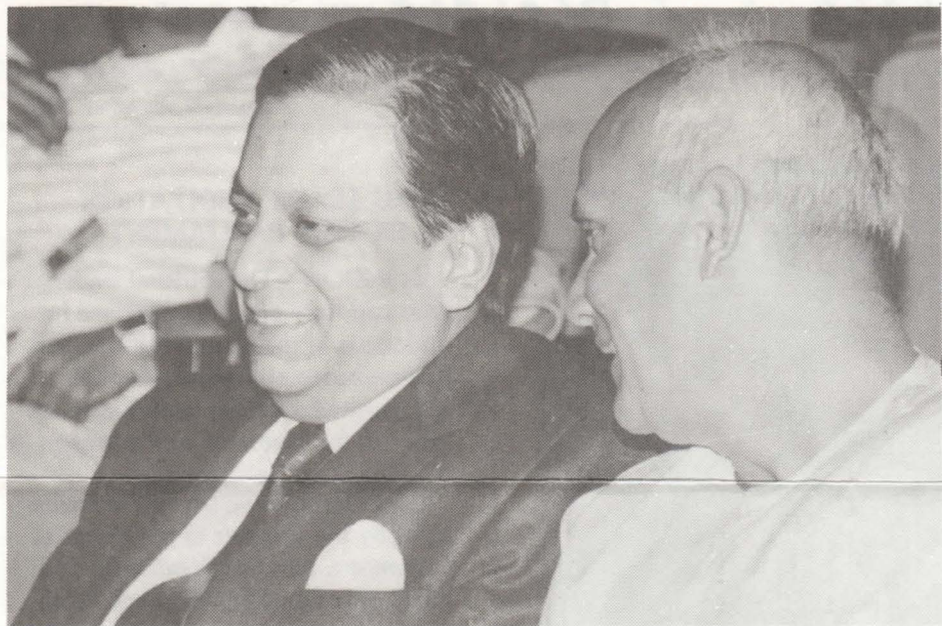


# Anahata Nada



Bangladesh Foreign Minister Choudhury and Sri Chinmoy at U.N. programme.

## U.N. PROGRAMME HONOURS GENERAL ASSEMBLY PRESIDENT

**UNITED NATIONS**—The Peace Meditations held a special programme Oct. 13 to honour Humayun Rasheed Choudhury, Foreign Minister of Bangladesh and the President of the U.N. General Assembly.

"I am deeply touched and overwhelmed," said Choudhury.

During the programme the U.N. singers sang a song honouring the Bengali leader, and Choudhury sang two songs for the audience.

## 700TH BOOK PUBLISHED

Sri Chinmoy's 700th book, *My God-Hunger-Dreams*, was published on Aug. 27. It consists of 55 aphorism/poems in the author's own handwriting.

## NBC'S RUSSELL BARBER GETS U THANT PEACE AWARD

**NEW YORK**—The 1986 U Thant Peace Award was presented Nov. 6 to Russell Barber, producer and host of a local television show on world spirit-

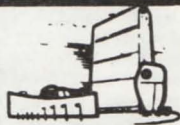
November 10-17, 1986



**General Assembly President Choudhury at the piano to sing a few songs during a programme, held in his honor, of the Peace Meditation of the United Nations. Leader of the meditation, a fellow Benaali Sri Chinmoy (seated in front row left), presented Choudhury with a plaque in recognition of his service to the international community and a cake for his upcoming birthday.**

# diplomatic pouch

(Continued from Page 2)



# A HEART OF ONENESS-TREE



*President of the General Assembly*



# AMAR SONAR BANGLA

Words & music  
by Rabindranath Tagore

A-mar so-nar Bang-la a-mi to-mai  
bha-lo-ba-si Chi-ra-din to-mar a-kash  
chi-ra-din to-mar a-kash  
to-mar ba-tash a-mar pra-ne  
O ma a-mar pra-ne ba-jay ban-shi  
So-nar Bang-la a-mi  
to-mai bha-lo-ba-si  
O ma fa-gu-ne tor a-mer ba-ne  
ghra-ne pa-gol ka-re  
Ma-ri hai hai-re O ma fa-gu-ne  
tor a-mer ba-ne ghra-ne  
pa-gol ka-re



O ma a---ghra-ne tor bha---ra ke-te ki



de-khe-chi A--mi ki de-khe-chi ma---dhur



ha-si So-nar Bang-----la



a--mi to-mai bha-lo-ba-si



Ki sho-bha ki cha-ya go Ki sne-ha



ki ma-ya go Ki a--chal



bi-cha-ye cha-----ba-ter mu-le



Na-dir ku-le ku-le Ma tor



mu-kher ba-ni a--mar ka-ne la-ge

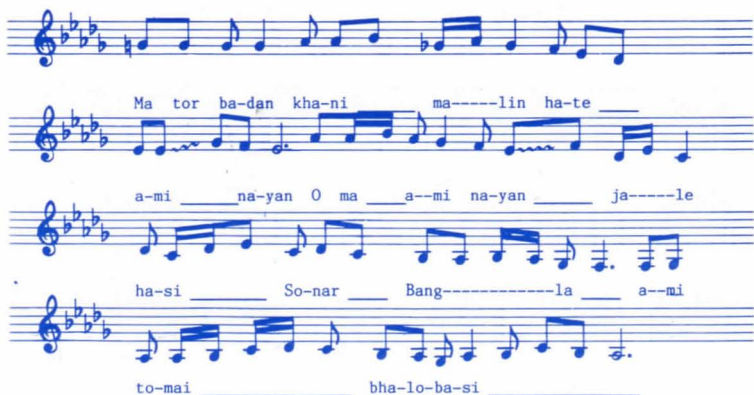


su-dhar ma-to Ma-ri hai



hai-----re Ma tor mu-kher ba-ni a--mar

ka-ne la-ge su-dhar ma-to



## AMAR SONAR BANGLA

Amar sonar Bangla ami tomai bhalobasi  
 Chiradin tomar akash  
 Chiradin tomar akash tomar batash amar prane  
 O ma amar prane bajay banshi  
 Sonar Bangla ami tomai bhalobasi  
 O ma fagune tor amer bane ghrane pagol kare  
 Mari hai hai re  
 O ma fagune tor amer bane ghrane pagol kare  
 O ma aghrane tor bhara kete ki dekhechi  
 Ami ki dekhechi madhur hasi  
 Sonar Bangla ami tomai bhalobasi  
 Ki shobha ki chaya go ki sneha ki maya go  
 Ki achal bichaye chabater mule nadir kule kule  
 Ma tor mukher bani amar kane lage sudhar mato  
 Mari hai hai re  
 Ma tor mukher bani amar kane lage sudhar mato  
 Ma tor badan khani malin hate ami nayan  
 O ma ami nayan jale hasi  
 Sonar Bangla ami tomai bhalobasi

My Bengal of gold, I love you.

Forever your skies, your air set my heart in tune

As if it were a flute.

In spring, O mother mine, the fragrance from your mango groves

Makes me wild with joy—

Ah, what a thrill!

In autumn, O mother mine,

In the full-blossomed paddy fields

I have seen spread all over—sweet smiles.

Ah, what a beauty, what shades, what an affection

And what a tenderness!

What a quilt have you spread at the feet of banyan trees

And along the banks of rivers!

O mother mine, words from your lips

Are like nectar to my ears.

Ah, what a thrill!

If sadness, O mother mine, casts a gloom on your face,

My eyes are filled with tears!

—*Rabindranath Tagore*

# A HEART OF ONENESS-TREE

Words and music  
by Sri Chinmoy

(♩=120) Moderate-Fast

Pre - si - dent of \_\_\_\_\_ the \_\_\_\_\_ Ge - ne - ral *fine*

As - sem - bly! \_\_\_\_\_

You are your \_\_\_\_\_ fruit - - - ful \_\_\_\_\_

heart \_\_\_\_\_ of \_\_\_\_\_ one - ness - tree. \_\_\_\_\_

\_\_\_\_\_ Each na - tion has \_\_\_\_\_

a \_\_\_\_\_ spe - - cial hun - ger - need. \_\_\_\_\_

You long to feed \_\_\_\_\_ their \_\_\_\_\_

needs, \_\_\_\_\_ and \_\_\_\_\_ suc - - ceed. \_\_\_\_\_

O \_\_\_\_\_ cou - - - rage - flood, \_\_\_\_\_

\_\_\_\_\_ (slower) O \_\_\_\_\_ no - bi - li - ty -

\_\_\_\_\_ 3 \_\_\_\_\_

sea, \_\_\_\_\_





## A HEART OF ONENESS-TREE

President of the General Assembly!  
 You are your fruitful heart of oneness-tree.  
 Each nation has a special hunger-need.  
 You long to feed their needs, and succeed.  
 O courage-flood, O nobility-sea,  
 O champion-dreamer of One-Nation-Family!

—Sri Chinmoy

# BANGLADESH

Words & music  
by Sri Chinmoy

*fine*

Bang-la-desh Bang-la-desh Bang-la-----desh

Pa--ra--mer ka-----ru-----na a-----ni--mesh

Che--ta--nar ja-----ga-----ran sa--ma--tar

pa-----ra-----shan

Bhi--ta--re e-----sha-----na ba--hi--re pre-----ra-----na

A--ma--der Bang--la a-----ma-----der

San--dha--ni du-----ni-----yar ni-----khu-----

-ter \_\_\_\_\_

D.C. al fine  
with repeats

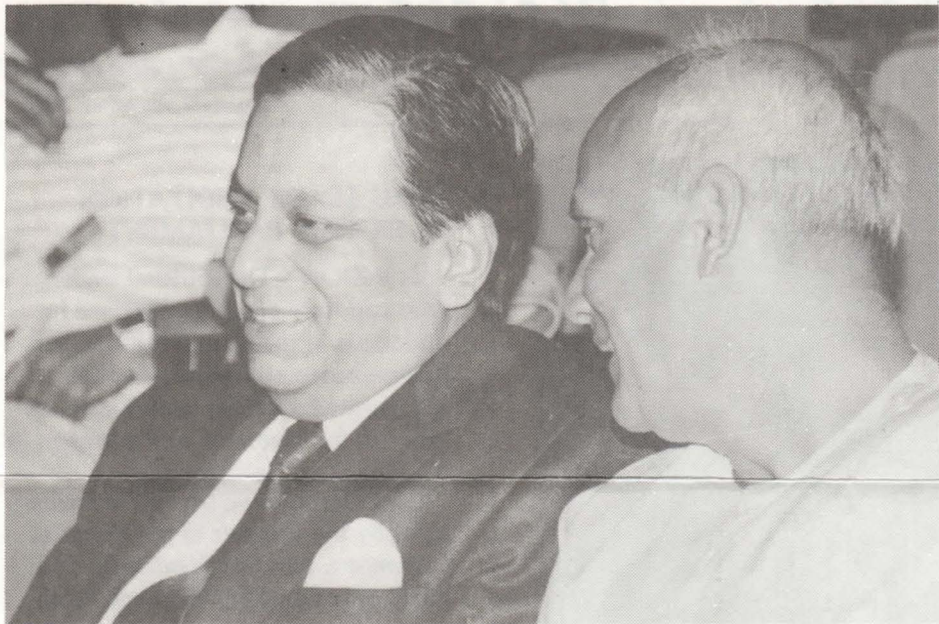
## BANGLADESH

*Bangladesh Bangladesh Bangladesh  
Paramer karuna animesh  
Chetanar jagaran samatar parashan  
Bhitare eshana bahire prerana  
Amader Bangla amader  
Sandhani duniyar nikhuter*

—Sri Chinmoy

# *Anahata Nada*

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*Bangladesh Foreign Minister Choudhury and Sri Chinmoy at U.N. programme.*