

# MEDITATION AT THE UNITED NATIONS



OUR HOPE FOR MANKIND

MONTHLY BULLETIN OF THE  
UNITED NATIONS MEDITATION GROUP

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# MEDITATION AT THE UNITED NATIONS

MONTHLY BULLETIN OF THE  
UNITED NATIONS MEDITATION GROUP

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Since January, 1973, the United Nations Meditation Group has published the monthly bulletin, *Meditation at the United Nations*. This publication offers a basic introduction to meditation techniques and spirituality through questions and answers and lectures, and also reviews the group's activities. Profits from the sale of this bulletin are donated to UNICEF.

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## UNITED NATIONS MEDITATION GROUP



### **WE BELIEVE**

. . . and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.

Sri Chinmoy

## EDITOR'S NOTE

*The United Nations Meditation Group consists of U.N. staff members, representatives, delegates and NGO's who believe that a spiritual approach to world peace is inherent in the basic U.N. ideals and can go hand in hand with political striving for U.N. goals. The Meditation Group was inaugurated on April 14, 1970. At that time it invited the well-known mystic and philosopher Sri Chinmoy to lead its meetings in the Peace Room of the Church Center for the United Nations. As its membership increased and the scope of its activities expanded, the Meditation Group began holding additional meetings Tuesdays at 12 noon in the Chapel of the Church Center as well and on Fridays at 12 noon in the Secretariat.*

*Staff members of the Secretariat, delegates and representatives from Missions, Specialized Agencies and non-governmental organisations accredited to the U.N. are most welcome to join in these meetings, as well as in our other activities.*

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## TUESDAY MEDITATIONS

*The Chapel  
Church Center for the  
United Nations*

*At each Tuesday meeting, Sri Chinmoy conducted an hour of silent meditation. Following are the "Meditations for the Day" by Sri Chinmoy for the respective Tuesdays in September.*

September 2

A soulless journey cannot avoid giving birth to a goalless shore.

September 9

First use what you have. God is waiting to give you infinitely more.

Then do what you can. God is waiting to help you infinitely more.



September 16

My heart loves the man who loves God.

My soul loves the man whom God loves.

My realisation loves the man who loves God without expecting anything from Him.

September 23

I suffer and cry because I have nothing to do.

I smile and laugh because I can do nothing else.

September 30

If our divine decisions are not translated into supreme actions, then life will remain earthbound bondage.

CEREMONY IN COMMEMORATION  
OF THE OPENING OF THE 30th SESSION  
OF THE  
UNITED NATIONS GENERAL ASSEMBLY

Friday, September 12, 1975, 1-2 p.m.

*Inspired by the observance of a "Minute of Silent Prayer or Meditation" at the opening of each United Nations General Assembly, the International Co-operation for Peace Committee and the United Nations Meditation Group jointly co-sponsored a special programme to commemorate the opening of the thirtieth session of the General Assembly, in a spirit of rededication to the lofty aims and ideals of the United Nations. The programme, which was held in Conference Room 3 on Friday, September 12, 1975, was attended by delegates, Secretariat staff members and NGO representatives.*

*Sri Chinmoy opened the programme with a silent meditation, then sang the following song, accompanying himself on the harmonium:*



Sri Chinmoy opens the programme with a silent meditation.  
*(photo by Ben Lieberman)*

## THE GOLDEN FLUTE

A sea of peace and joy and light  
 Beyond my reach I know.  
 In me the storm-tossed weeping night  
 Finds room to rage and flow.

I cry aloud, but all in vain—  
 I helpless, the earth unkind!  
 What soul of might can share my pain?  
 Death-dart alone I find.

A raft am I on the sea of Time,  
 My oars are washed away.  
 How can I hope to reach the Clime  
 Of God's eternal Day?

But hark! I hear Thy golden Flute,  
 Its notes bring the Summit down.  
 Now safe am I, O Absolute!  
 Gone death! gone night's stark frown!      9

*The participating guest-speakers then offered their prayerful contributions, from which the following excerpts have been taken:*

NORMA LEVITT

*Co-Chairperson, World Union for  
Progressive Judaism*

“ ... In these days of contemplation, we render an account of our lives and actions before the Supreme Judge. We yearn for sustained hope, unyielding faith and spiritual regeneration, as we look not only inward at ourselves, but also outward at the world in which we live.

We pray that all nations and all peoples shall strive together, shall sacrifice if necessary, for a world community of justice, development, harmony and peace....”

Amen

REVEREND JIH TSANG

*Assistant Abbot, Temple of Enlightenment*

“ ... Buddha, the Enlightened, in His Light, let us spread and plant the seeds of harmony, happiness and peace....”

MUDDASSIR ALI SHAMSEE

*Leader, Muslim Prayer Group, United Nations*

"... I believe in what God has revealed in all the scriptures...that mankind can unite best in faith in one Creator, one Master, God Almighty; that there must be justice, without which no peace can be created or can be lost; that there must be respect for others and tolerance; that there must be the hope that in spite of differences, eventually mankind will unite....Competition is recognised but not in making others subservient...but in doing good to others and being virtuous.

... I thank God for all the good things that He has given to mankind, may He give us the wisdom and breadth of heart that these we may share...."

REVEREND DR. DAN POTTER

*Executive Director, Council of Churches,  
City of New York*

"Almighty and gracious God,...we pause humbly at the celebration of the 30th Session of the United Nations General Assembly, to acknowledge You as

the Source of all creation, all that we are, all that we have, and especially today to acknowledge You as the Source of the inspiration that brought forth the United Nations Charter. We thank You and praise You for the high and lofty principles that have brought the differing nations of the world together...Bless, we pray You, every nation in the United Nations, the delegates and their families from all over the world, the staff and the volunteers, the leaders and the helpers, the powerful and the weak, the great and the small...."

Amen

MR. DAVID S. BURGESS

*Senior Officer, United Nations International  
Children's Fund*

"...For those of us participating in the Seventh Special Session of the United Nations, those of you who will participate in the 30th Session of the General Assembly, for those of us who work in the Secretariat and in various agencies of the United Nations, key words of the past few years have taken on a new meaning—*détente, pollution, national identity, determination, apartheid, multi-national corporations, hunger, disaster, human rights, liberation, imperialism, confrontation.*

Those of us working in this great metal structure on the East River...we who are immersed in papers, in our duties, in making speeches...we feel lost. We feel lost because these words confront the ultimate questions of life on earth, the quality of life, the very fragile future of humanity itself....

Unless we consider our ways, there is no future for any of us. We need the sharing of knowledge, the exploration for new sources of energy, a willingness to consider limits to the high standards of living so that others may have...a decent future. Whether we are nations that deal with the secular fate, or nations of the church state, it matters not. The ultimate questions are before us all....Those nations who are powerful today may be lost kingdoms of tomorrow, unless we recognise our human interdependence...unless we consider our ways.

The greatness of the United Nations is that we, in our human and failing ways, are attempting to deal with the ultimate questions of survival...the final Armageddon.

... There is hope, there is hope no matter from which nation we come, but only if we come to realise our interdependence, our mutual closeness...our rights to the basic principles of distributive justice...."

MR. DONALD KEYS

*United Nations Representative of the  
World Association of World Federalists*

"Mankind is on the verge of taking its next big step...a step in awareness, a step in consciousness, a step in perspective, a step in relationships.

There was a time when mankind thought the world was flat.

There was a time when mankind felt the earth was the centre of the solar system.

There was a time when man believed that the clan was the ultimate social organisation.

There was a time when the problems of the city-state were the ultimate in social organisation.

We have been living in a time when man has regarded as the ultimate social institution, the nation-state. That time is now rapidly passing, and we are in the throes of a new Copernican revolution in which man will come to regard, naturally and normally, the planet as the basis of social organisation and inter-relationship...This is the new pragmatic reality.

In the Sixth Special Session, that reality was glimpsed close up from the framework of *confrontation*. In the Seventh Special Session that reality began to emerge as *confluence*, *cooperation* and *convergence*. The road from here to there, the road to the unification of the human species, will be a long road. But the 30th Assembly Session of



the United Nations will, without doubt, see a substantial acceleration in that convergent process. Nations will find a new relationship in a common organism...that organism will be the united body of mankind....And it is the spirit of the United Nations which stands for that unification process... that will make possible what men have so long desired.

We are part witnesses, part authors, part participants, part instruments in this process. We hope that we may play those parts with increased understanding and increased effectiveness."

*Mr. Kevin Keefe, President of the International Co-operation for Peace Committee, read out a statement by Secretary-General Waldheim written especially for this commemorative programme:*

#### STATEMENT BY THE SECRETARY-GENERAL

At the beginning of the 30th Session of the General Assembly, we are given the opportunity to look back upon the achievements of the world Organization over the past thirty years. In spite of many difficulties and some disappointments, we have created a unique human institution, which is now approaching full universality of membership, and

which has proved capable of change as well as of expansion. Today, it is more relevant than it has ever been to the challenges and opportunities of the world.

The potentiality of the United Nations is immense. What is required is a renewal of our common faith and determination that the advances of the past thirty years will be maintained and that we will, together, meet the challenges of our times. In this vital work, I ask for your support, encouragement and assistance.

But this occasion also provides us with the opportunity of looking forward. We know that mankind faces many grave and complex problems. The issues of peace and war, of plenty and poverty, of justice, still confront us and must be resolved.

*Members of the United Nations Meditation Group and the International Co-operation for Peace Committee then joined in singing the song "O United Nations" which Sri Chinmoy recently wrote in dedication to the United Nations:*



Members of the United Nations Meditation Group singing  
*"O United Nations" (photo by Lloyd Hart)*

O United Nations, O U.N.  
 You are the world-body  
 Crying for the world-soul.  
 And you are the earth-life  
 Longing for oneness-goal.

In the heart of your glowing dream,  
 Big brothers and brothers small  
 Shall smile, sing and dance—  
 O Vision-Perfection in all.

— Sri Chinmoy

*A choral reading based on the following excerpts from the writings of past Secretaries-General of the United Nations ensued:*

...[there have been]...some very remarkable changes in the world...[which] have demonstrated the fact of our total interdependence on this planet. No doubt we are only in the first stages of meeting an enormous challenge. Nonetheless, there is a new spirit and a new determination to face collectively the global problems.

—Kurt Waldheim

The one common undertaking and universal instrument of the great majority of the human race is the United Nations. A patient, constructive, long-term use of its potentialities can bring a real and secure peace to the world.

—Trygve Lie

The United Nations can only succeed if its constituent Members support it, love it, give it their best and want it to succeed.

—U Thant

In the pride of self-realization natural to these new states we should welcome the constructive element—a self-assertion like that of a young man coming of age, conscious of his powers, eager to find his own way, ...and to render his contribution to progress. We should meet this new enthusiasm with understanding, in full appreciation of the rich gifts it may bring to a world of many nations and peoples.

—Dag Hammarskjöld

La Charte des Nations Unies nous recommande “d’unir notre force.” Si nous pouvons le faire, aucun problème ne sera a résoudre au-dessus de la capacité de l’être humain, bien que la lutte sera longue et difficile. La devise “E pluribus unum” qui a si bien été en usage pendant cette République (américaine) s’applique également d’une manière efficace au futur de l’humanité. C’est notre tâche de travailler vers le jour où l’on pourra dire en cette vérité que parmi de nombreuses nations une seule terre est apparue.

—Kurt Waldheim

I have certain priorities in regard to virtues and human values...I would attach greater importance to moral qualities or moral virtues over intellectual qualities or intellectual virtues—moral qualities, like love, compassion, understanding, tolerance, the philosophy of live and let live, the ability to understand the other man's point of view, which is the key to all great religions... And above all, I would attach the greatest importance to spiritual values, spiritual qualities. I use the term deliberately, "spirit."

I have in mind the spiritual virtues, faith in oneself, the purity of one's inner self, which to me is the greatest virtue of all.

With this approach, with this philosophy, with this concept alone, we will be able to fashion the kind of society we want, the kind of society which was envisaged by the founding fathers 26 years ago.

—U Thant

To be free, to be able to stand up and leave *everything* behind—without looking back—to say YES.

Ne regardez pas en arrière. Et ne rêvez pas non plus à l'avenir. Cela ne vous rendra pas le passé, ni ne satisfera pas vos rêves journaliers. Votre devoir, votre récompense, votre destinée sont *ici* et *maintenant*.

To be governed by that which comes alive when we have ceased to live... To be able to see, hear and attend to that within us which *is* there in the darkness and in the silence.

I am the vessel. The draught is God's. And *God* is the thirsty one.

—Dag Hammarskjöld

Mettre en pratique la tolérance et vivre tous ensemble en paix les uns les autres comme bons voisins est en conformité avec les enseignements de toutes les grandes religions—c'est la langue de la Charte.

To practise tolerance and live together in peace with one another as good neighbours is in conformity with the teachings of all great religions—this is the language of the Charter.

—U Thant



In conclusion, silent rededication to the highest goals of the United Nations: (from left to right, front row) Mr. Lionel Gonzalez, Dr. Dan Potter, Mrs. Norma Levitt, Reverend Jih Tsang, Sri Chinmoy; (second row) Mr. David S. Burgess and Mr. Donald Keys (*photo by Ben Lieberman*)



# Major Faiths In Program

Delegates and UN personnel joined leaders of the world's major faiths in a special programme held Friday, 12 September to mark the opening of the 30th General Assembly. Secretary-General Waldheim sent a special message for the occasion stressing the immense potential of the United Nations and the requirement for "a renewal of our common faith and determination that the advances of the past thirty years will be maintained."

The programme began with silent meditation led by Sri Chinmoy, Director of the UN Meditation Group, who then sang one of his own compositions. Prayers were offered by: Norma Levitt, Co-Chairperson, World Union for Progressive Judaism; the Reverend Dr. Dan Potter, Executive Director, Council of Churches, City of New York, Reverend Jih Tsang, Assistant Abbot, Temple of Enlightenment; and Muddassir Ali Shamee, Leader, UN Muslim Prayer Group.

One of the two guest speakers was Mr. David S. Burgess, Senior Officer, UNICEF who noted the ever more apparant need for individuals and nations to "recognize our human interdependence." Mr. Donald Keys, UN Representative of the World Association of World Federalists, maintained that "Mankind is on the verge of taking its big step...we are in the throes of a new Copernican revolution ..."

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*Reproduction of an article which appeared in the  
Diplomatic World on October 6, 1975:*

## QUESTIONS AND ANSWERS

*Sri Chinmoy answered the following questions at the United Nations on Friday, June 13, 1975:*

*Question: Is the difference between materialism and spirituality that in the one case we try to possess the outer world and in the other case we try to possess the inner world?*

*Sri Chinmoy:* When we practise inner philosophy, we want to capture the spiritual world; we don't want to capture the material world. We don't want to possess God's creation as our own. We only want to possess God and use Him for our own purpose. But again, in spiritual philosophy, in true spirituality, we possess the person for his own purpose or the thing for its own purpose. And if we go higher still in divine philosophy, we do not possess at all. We only enter into infinite Peace, Light and Bliss. Then Infinity, Eternity and Immortality can play their respective roles here on earth in their own way.

The truly divine soldier will always seek Truth, Light, Peace and Bliss for their own manifestation and fulfilment. Here the philosophy is not, "I want for myself," but the divine philosophy that says, "Let Thy Will be done in Thine own Way."

*Question: What is the purpose of Yoga?*

*Sri Chinmoy:* The purpose of Yoga is to receive the Truth and Light here on earth. Yoga means conscious oneness with God. Man and God are one, but man is not conscious of his inner divinity. We love God, we need God. But our love for God is not constant and conscious. And also, we are not consciously aware of our need for God despite the fact that we are studying and practising spirituality. We are all instruments of God, but unconscious instruments. Our love of God, our love of Truth, our need for Light is not always conscious, not always constant. We have read millions of books dealing with God's existence, but God is not a living reality for us right now.

But when we practise Yoga, when we dive deep within, we see and feel what relation we have with God. A spiritual Master is he who is conscious of God and God's Reality. At every moment in his life of multifarious activities, he is consciously aware of his oneness with God. In his case, God is a practical reality. God is constant.

If we practise Yoga, we come to feel that God comes first and foremost in our lives. Inside God we have to see humanity and inside humanity we have to see God. Inside divinity we have to see humanity aspiring and inside humanity we have to see

divinity manifesting itself. This is what Yoga does for us. Yoga immediately elevates humanity's consciousness to the highest plane and brings down Light, Peace and Bliss from above in infinite measure so that our life of obscurity, impurity and imperfection can one day be elevated, illumined, perfected.

*Question: What is the importance of mantra?*

*Sri Chinmoy:* Mantra is of paramount importance in the spiritual life. But again, there are many people who do not repeat mantras; they aspire and meditate in a different way. Mantra is an incantation process for going deep within or to accelerate one's spiritual progress. By repeating a mantra we can either invoke the presence of a particular god or we can bring to the fore our own inner divinity. But we cannot say that mantra is superior to prayer and meditation or that prayer or meditation is superior to mantra. No. We can call mantra one road that leads to realisation.

*Question: What can we do to bring God to people in the world?*

*Sri Chinmoy:* We are living in a godless world. What can we do for lovers of God who want to

bring Truth and Light to earth, who want to bring God the Supreme to earth? We have to start with ourselves, in ourselves. We may see an individual standing in front of us who does not believe in God, who doubts the existence of God. But before dealing with him, we have to deal with ourselves.

We have the body, vital, mind and heart. Let us start by focusing our attention on the physical plane. As soon as we focus our attention on the physical plane, we see that we have lethargy, that we mix with ignorance. Then we focus our attention on the vital and we see that our vital is like a hungry wolf that wants to devour the world. But what we want from our vital is dynamism and dynamic truth, not aggression. Julius Caesar said, "I came, I saw, I conquered." Our vital says, "I came, I saw and I became." I came and I saw imperfection and then I became one with it here in the world of imperfection.

Then we concentrate on the mind. When we concentrate on the mind, we see that the mind is constantly doubting—doubting even our own existence. What can we do? The mind is doubting the reality within us, the reality around us. This moment the mind says I am a good man, the next moment it says I am a very bad man and the following moment it is unable to decide whether I am good or bad. The mind is always uncertain and unable to accept the truth and light.

We also have a heart. This heart, on the strength of its inseparable oneness with the Absolute, can become all-divinity. But right now this heart is all-insecurity. The heart says, "God, I am not getting the thing that I want," or, "I want something to be done and it is not getting done." All the time the heart is singing the song of insecurity. But this same heart, on the strength of its oneness-capacity, can become one with the Universal Heart.

When I, as an individual, focus my attention on myself, I see tremendous imperfection, a tremendous need for perfection-light. Each individual must concentrate first on himself, because there is tremendous imperfection inside him. Even though the world around him may have much more imperfection than he has, as long as he is imperfect even in an infinitesimal measure, he will not be in a position to teach others. A school teacher who has more knowledge than his students can teach them, even though he doesn't have the highest degree. But in the spiritual life we are making a terrible mistake if we try to teach others without being illumined ourselves. Here we are dealing with the life-principle of the individual. In school we are teaching history, geography or another particular subject, but that particular subject is not an individual's entire life; it is not his life of God-realisation.

So when we see a godless attitude in someone, we have to be aware of our own capacity or incapacity. If we can perfect ourselves on the strength of our inner cry, our aspiration, our love of truth and light, then we as individuals will no longer belong to the world of imperfection. I as an individual will not belong to the world of imperfection. You as an individual will create your own world of perfection. She will create her world of perfection. In that way there will be three undivine souls less in the world and the world will be blessed with three divine souls, three divine soldiers, three divine instruments of God. Today you become perfect, tomorrow he becomes perfect, the next day I become perfect. In this way it progresses from one to many, and the whole world becomes perfect.

When we as individuals become good, divine and perfect, the world around us sooner or later becomes perfect, for the light that we have will not remain inside us. It will have its own spontaneous wave of self-expression. Then, with our light we will be able to see that the world around us, the world of imperfection, is being transformed and illumined. For the outer world is not outside us; it is within us. We have a mind and others in the world have a mind; but ultimately it is the same mind. The world that we see is actually inside us; it is in our mind, in our vital, in our body, in our heart. So when we become perfect within, the world without also becomes perfect.

*Question: What is the vital?*

*Sri Chinmoy:* There are two vitals in us: one is the dynamic vital and the other is the aggressive vital. The aggressive vital is the animal in us; it wants to devour the world. The dynamic vital does not want to devour; it only wants to energise the world that is fast asleep. Millions of people are still fast asleep. They are not aware of God; they are not aware of truth-light. But with the dynamic vital we can arouse slumbering humanity.

*Question: How do we become aware of truth?*

*Sri Chinmoy:* It is through prayer and meditation. Right now this body which we claim as our own is our only truth. This body, which will live for sixty or seventy years, is our life. But when we pray and meditate, we see that this body is not our entire existence. Our entire existence is eternal life. Here on earth for seventy years we play a specific role; then we leave the body and take rest. After some time, again we will come back to earth to love God, to manifest God.

How can we be eternally aware of what we have within us? We can be eternally aware of our inner existence, our inner life, only through constant



prayer and meditation. When we are not aware of this truth, it is as though we are sick. We have to take medicine, and this medicine is our aspiration. When we are unaware of what we have, that means we have developed a kind of disease. And in order to cure this disease, what we need is aspiration.

*Question: What is the relationship between Yoga and religion?*

*Sri Chinmoy:* Yoga is not a religion; Yoga embodies all religions. Religion has its own specific view of the truth. In religion we do not get the feeling of universal oneness. But when we accept Yoga, it is all oneness. Yoga embraces all religions. It sees religion as a house. You live in your house, I live in my house, he lives in his house. But when it is time to study, we all leave our houses and go to the same school. So Yoga is a school. Yoga is in no conflict whatsoever with religion. You come from your house, I come from my house and we shall study together.

Yoga will never say that this house is very bad or that house is very bad. Yoga will only say that God is in everything. But in some cases God is fully manifested in a divine way, and in some cases He is not.

*Question: What is the sound of 'Aum'?*

*Sri Chinmoy:* 'Aum' is God in His three aspects: God the Creator, God the Preserver and God the Destroyer. But 'Destroyer' is the wrong term; God is not the Destroyer but the Transformer. Anything that is undivine in us God transforms and illumines. 'A' represents God the Creator, 'U' represents God the Preserver and 'M' represents God the Transformer.

God the Creator has created us. God the Preserver preserves us. But while preserving us He notices some imperfection in us and He tries to perfect us. When He is perfecting us, He becomes God the Transformer. So when we chant 'Aum', we invoke God in His three aspects.

*Question: Why did God create evil?*

*Sri Chinmoy:* What you call evil, that very thing I call ignorance. There is a great difference between ignorance and evil. Ignorance is an experience and this experience ultimately will lead me to a higher truth. We go from the lesser light, to the greater light, to the greatest light. What you call evil and sin are actually experiences of bondage and imperfection. Evil is in our mind. In

our aspiring heart there is no such thing as evil, but only imperfection. And this imperfection can easily be perfected when we pray to God for Light, Peace and Bliss.

\* \* \*

I am most grateful to each of you for allowing me to be of service to you. To be of service to you is to be of service to our Eternal Father.

*Sri Chinmoy chanted the Gayatri Mantra.*

*Aum bhur bhuvah svah  
Tat savitur varenyam  
Bhargo devasya dhimahi  
Dhiyo yo na pracodayat*

*We warmly invite everyone at the United Nations  
and those officially associated with it to join us in  
our regular weekly meetings and other activities.*

## SCHEDULE FOR OCTOBER, 1975

### *Regular Weekly Schedule*

*Tuesdays, 12-1 p.m.*

*October 7, 14, 21, 28*

Every Tuesday at noon, Sri Chinmoy conducts an hour of silent meditation in the Chapel of the Church Center for the United Nations, corner of 44th Street and 1st Avenue (side entrance).

*Fridays, 12-1 p.m.*

*October 3, 10, 17, 24, 31*

Every Friday at noon in Room 550 of the Secretariat, Sri Chinmoy conducts a meditation and, if time permits, invites questions on the spiritual life from those present.

*Other Activities*

*Thursday, October 2, 1-2 p.m.*

Dag Hammarskjold Lecture Series:

Sri Chinmoy will speak on

"Emotion"

Dag Hammarskjold Auditorium

*Monday, October 6, 1-2 p.m.*

Tribute to the Bicentennial of the USA :

A Heritage of Freedom

and

The Faces of Lincoln

( See poster reproduced on page 38)

*Monday, October 6, 7:30 p.m. — 9:00 p.m.*

Meditation for Delegates conducted by Sri Chinmoy

Conference Room 14

( See invitation reproduced on page 39)

*Tuesday, October 7, 12-1 p.m.*

Presentation to Sri Chinmoy

from the United Nations Meditation Group

in Honour of His Artistic Achievements

The Chapel, Church Center for the United Nations

*Thursday, October 16, 10 a.m.-6 p.m.*  
Around-the-world-for-Unicef Bazaar  
Staff Lounge, U.N. Secretariat  
( *See poster reproduced on page 40*)

*Friday, October 24, 1 p.m.*  
The Spiritual Summit Meeting  
( convened by the Temple of Understanding)  
Opening Meditation by Sri Chinmoy  
Dag Hammarskjold Auditorium  
( *See programme reproduced on page 41*)

*Tuesday, October 28, 7 p.m.*  
Classical Music Programme:  
World Unity: The Song of the Soul\*  
Dag Hammarskjold Auditorium  
( *See poster and programme reproduced on pages*  
42, 43 and 44)

*Wednesday, October 29, 1-2 p.m.*  
Meditation and Talk by Sri Chinmoy  
UNDP Headquarters, Alcoa Building, New York

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\* The United Nations Meditation group co-sponsored this function with the International Cooperation for Peace Committee.

*Wednesday, October 29, 12 noon-1 p.m.*

Series on fundamental concepts of meditation:

Mr. John Addison will speak on

“Meditation: The Inward Art”

Dag Hammarskjöld Auditorium

*Thursday, October 30, 6 p.m.*

Benefit Programme for the 25th Anniversary of

Trick or Treat for UNICEF

Dag Hammarskjöld Auditorium

*(See programme reproduced on page 45)*

DISCOVER THE BICENTENNIAL

THE SACRED FIRE

A play of short character studies of America's most famous Presidents.



THE FACES OF LINCOLN

A film showing the dramatic life of Abraham Lincoln through sculpture.

MONDAY, OCTOBER 6th \* 1 p.m. to 2 p.m. in the DAG HAMMARSKJOLD AUDITORIUM

Sponsored by the United Nations Meditation Group

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*You Are Cordially Invited  
to an Evening with  
Li Chinmy.*  
*The Indian Pet, Philosopher and  
Spiritual Teacher will Conduct Meditation,  
Speak and Answer Questions on the  
Inner Life for Delegates Only.*

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*Monday October 6, 1975  
from 7:30 - 9:00 p.m. in  
Conference Room 14*

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*R.S.V.P. (regrets only)  
754-1234 Ext. 4050*

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## around the world for UNICEF Bazaar

—join us in the lobby of the Secretariat THIS THURSDAY—

16 October from 10:00 a.m. to 6:00 p.m.



### FEATURING ...

*Yummie baked goods, cakes and pastries*

*Records—plus bargain buys*

*Plants for your office - bonsai - flowers*

*Old fashioned candy at old fashioned prices*

*Health and Nut Bar*

*GIFTS: for your husbands  
for your wives  
for your children*

*White Elephant Surprises*

*Beautiful handmade jewelry:  
beads, earrings and sterling silver items*

*Crafts—including charming handmade pocketbooks*

*UNICEF Greeting Cards*

*Colorful artwork and photography for sale*

*"Indian Boutique"*

*Stationery*

*SPECIAL CAKE RAFFLE*

**& more .....**

*Exotic vegetarian snacks from all over the world presented by Annam Brahma*

*Games of luck and skill*

*Music*

*Paint your own pictures—modern art!*

**ALL PROCEEDS GO TO UNICEF—SPONSORED BY THE UNITED NATIONS MEDITATION GROUP**

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# "ONE IS THE HUMAN SPIRIT"

THE SPIRITUAL SUMMIT MEETING  
CALLED BY THE TEMPLE OF UNDERSTANDING TO MARK THE  
30TH ANNIVERSARY OF THE UNITED NATIONS

*FRIDAY, OCTOBER 24 1975*

*UNITED NATIONS <sup>NEW</sup> YORK*

## OPENING MEDITATION

Sri Chinmoy, Director, United Nations Meditation Group

## WELCOME BY

His Excellency Mr. Kurt Waldheim, Secretary-General, the United Nations

## INTRODUCTION

Charles J. Mills, President, The Temple of Understanding

STATEMENT BY  
RELIGIOUS NON-GOVERNMENTAL ORGANIZATIONS AT  
UNITED NATIONS HEADQUARTERS

## INTRODUCTION OF SPIRITUAL LEADERS

Dr. Ewert H. Cousins, Conference Coordinator

## ADDRESSES

Srimata Gayatri Devi: HINDUISM  
Lord Abbott Kosho Ohtani: BUDDHISM  
Rabbi Robert Gordis: JUDAISM  
Mother Teresa: CHRISTIANITY  
Dr. Seyyed Hossein Nasr: ISLAM

## JOINT-STATEMENT OF SPIRITUAL LEADERS ATTENDING SPIRITUAL SUMMIT CONFERENCE V

read by

Dr. Jean Houston, Conference Chairman

## CLOSING PRAYER

Brother David Steindl-Rast, O.S.B., Monk of Mount Savior Monastery

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Music must serve a purpose: it must be a part of something larger than itself, a part of humanity.

I am a man first, an artist second. As a man, my first obligation is to the welfare of my fellow men. I will endeavour to meet this obligation through music—the means which God has given me—since it transcends language, politics and national boundaries. My contribution to world peace may be small, but at least I will have given all I can to an ideal I hold sacred.

— Pablo Casals

\* \* \*

Let music of love spread wings of peace over our planet.  
No longer pollute our world with poisons of war, poisons of greed, poisons of ignorance.

Let all people, all animals, all beings, earth, air and water live and embrace in love and peace.

Let music of love heal our little globe.

Let music of love pour out into the universe.

Let music of love rise from our tiny world and join the Stars of endless milky rivers of light.

— Alan Hovhaness

(Composed especially for the programme "World Unity: The Song of the Soul" — October 28, 1975.)

\* \* \*

There is no loftier message than to approach the Divinity nearer than other men and to disseminate the divine rays among mankind.

— Brethoven

\* \* \*

In my view, the composer is in duty bound to serve Man, the people. He must be a citizen first and foremost, so that his art might consciously extol human life and lead man to a radiant future.

— Sergei Prokofiev

Co-sponsored by the United Nations Meditation Group

## World Unity: The Song of the Soul

A programme dedicated to

Music and World Peace

Tuesday, October 28, 1975

at 7 00 p.m.

in the

Dag Hammarskjöld Auditorium

The song of unity, unity for all mankind, constantly sings in the heart of the world. And though many ears remain deaf to this song, there is one place on earth where men and women not only hear it, but strive to make it a living reality for all, that place is the United Nations.

Music, the universal language, is one of the greatest ambassadors of good-will, peace, unity and understanding throughout the world. On behalf of the world community we are honouring music's momentous contribution to world unity and peace; at the same time on behalf of music, we are offering a rededication of music's constant service to humanity.

— The International Cooperation for Peace Committee

# PROGRAMME

Opening Meditation by Director of the United Nations  
Meditation Group, Sri Chinmoy

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Suite No. 3 for unaccompanied cello J.S. Bach

Zohrad Svazlian, *cello*

\*\*\*

Mr. Joseph Eger, Musical Director of the  
Symphony for United Nations

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Ondine Debussy  
Jardins dans la pluie Debussy  
Scherzo in B flat Major Chopin

Zenon Fishbein, *piano*

\*\*\*

Mrs. Josephine Whitford, Manhattan School of Music  
"Reminiscences of Pablo Casals"

\*\*\*

Bonjours Suzon Delibes  
Chanson Triste Duparc  
Nell Faure  
El La la-la y el puntado Granados  
He's Got the Whole World in His Hands art. by Margaret Bonds

Beverly Vaughn, *mezzo-soprano*  
George Malloy, *piano*

\*\*\*

Mr. David Simon, Dean of the Manhattan  
School of Music

## Elegia

Armenouhi Svazlian, *piano*  
Jirani Svazlian, *violin*  
Zohrad Svazlian, *cello*

\*\*\*

Sonata in A Major Op. 100 Brahms  
Allegro amabile  
Andante tranquillo  
Allegretto grazioso (quasi Andante)

Marilyn Duhow, *violin*  
Maisha Chevaskin-Winokur, *piano*

\*\*\*

"O United Nations" - Song in dedication Sri Chinmoy  
to the United Nations

O United Nations, O U.N.  
You are the world body  
Crying for the world-soul.  
And you are the earth-life  
Longing for oneness-gnol

In the heart of your glowing dream,  
Big brothers and brothers small  
Shall smile, sing and dance  
O Vision-Perfection in all

Sri Chinmoy

\*\*\*

## Silent Rededication

In closing we ask the Delegates and Representatives to the  
United Nations, along with the guest artists and speakers to join  
on stage with Sri Chinmoy whom we have requested to lead us  
in a silent rededication to world unity and peace

Rachmaninoff

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*The International Cooperation for Peace Committee  
cordially invites you to attend*

# *An Evening of Classical Music*

*A programme dedicated to  
Music and World Peace  
entitled:*

## *World Unity: The Song of the Soul*

*to be presented on  
Tuesday, October 28, 1975  
at 7:00 p.m.*

*in the  
Dag Hammarskjöld Auditorium*

Music, the universal language, is one of the greatest ambassadors of good-will, peace, unity and understanding throughout the world.

On behalf of the world community we are honouring music's momentous contribution to world unity and peace; at the same time, on behalf of music, we are offering a rededication of music's constant service to humanity.

Our programme will be an evening of classical music (chamber, solo and vocal) by guest artists, including messages by distinguished guest speakers.

*Admission is free*

*Light refreshments*

*Co-sponsored by  
The United Nations Meditation Group*

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## UNICEF CELEBRATION

THE MEMBERS OF UNICEF & THE UNITED NATIONS  
MEDITATION GROUP PRESENT A BENEFIT PROGRAMME FOR THE  
25TH ANNIVERSARY OF TRICK OR TRICK FOR UNICEF

1. Introduction: *Kevin Keefe, UNICEF*
2. Opening prayer with the children in the tradition of Universal Children's Day:  
*Sri Chimmoy, Director of United Nations Meditation Group*
3. Mr. H. Labouisse, Executive Director of UNICEF
4. Our Special Guest: *Sonny Fox*
5. Ashrita the Magician
6. UNITED NATIONS After School Play-Group
7. Song: "*It's a Small World*"—the children and *Linda Serlin (UNICEF)*
8. Song: "*I'd Like to Teach the World to Sing*" led by *Claudius King* and  
accompanied by *Linda*
9. Closing

*Refreshments in the lobby*

### TRICK OR TREAT FOR UNICEF

Twenty-five Halloweens ago, a Sunday School class in Pennsylvania decided that rather than just collecting candy for themselves on Halloween, they would collect coins to help their less fortunate contemporaries in other parts of the world. They brought the proceeds, \$17, to UNICEF. During the past twenty-five years children have raised \$46 million for UNICEF. Remember whatever you give will do a world of good.

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## TELEVISION

### OCTOBER SCHEDULE OF MORNING AND EVENING PRAYERS BY SRI CHINMOY ON CHANNEL 5 ( WNEW-TV)

October 5	Sunday	6:12 a.m.
October 6	Monday	2-4 a.m.*
October 13	Monday	6:12 a.m.
October 14	Tuesday	2-4 a.m.*
October 19	Sunday	6:12 a.m.
October 20	Monday	2-4 a.m.*
October 30	Thursday	6:12 a.m.
October 31	Friday	2-4 a.m.*

\* Denotes that prayer follows last movie, ending either at 2:00 a.m. or 4:00 a.m.